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Pythium root rot of common bean: biology and control methods. A review

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Pythium root rot constitutes a highly damaging constraint on the common bean, *Phaseolus vulgaris* L., grown in several areas of Eastern and Central Africa. Here, this food legume is cultivated intensively under poor conditions of crop rotation due to the exiguity of the land in the region. Yield losses of up to 70% in traditional local bean cultivars have been reported in Kenya and Rwanda. In this study, a detailed analysis of the biology and diversity of the *Pythium* genus was carried out in order to understand the mechanisms leading to the development of the disease. Various control methods for reducing the damage provoked by this disease were analyzed.

Keywords. Phaseolus vulgaris, Pythium, root rots, plant disease control, disease resistance, Africa.

Pourriture racinaire du haricot commun causée par *Pythium* : biologie et méthodes de lutte. La pourriture racinaire causée par *Pythium* constitue une importante contrainte pour la production du haricot commun (*Phaseolus vulgaris* L.) dans plusieurs régions de l'Afrique centrale et orientale où la production du haricot est intense dans des conditions de non-respect des schémas de rotation à cause de l'exiguïté des terres. Des pertes de rendement allant jusqu'à 70 % au sein des cultivars locaux traditionnels de haricot ont été rapportées au Kenya et au Rwanda. Dans ce travail, une analyse détaillée de la biologie du genre *Pythium* et de sa diversité a été conduite pour comprendre les mécanismes qui mènent au développement de la maladie. Pour réduire les dégâts provoqués par ce pathogène, diverses méthodes de contrôle ont été analysées.

Mots-clés. Phaseolus vulgaris, Pythium, pourritures des racines, lutte antimaladie des plantes, résistance aux maladies, Afrique.

1. INTRODUCTION

Common bean (Phaseolus vulgaris L.) is one of the most widely cultivated food legume species in the world (Baudoin et al., 2001). The crop is exploited in a wide range of areas extending from around 52° North latitude to 32° South latitude and from sea level to 3,000 m above sea level, and it displays great variation in growth habits and length of vegetation (FAO, 2005). On a practical level, common bean is a major source of low cost calories, protein, dietary fiber, minerals and vitamins for poor populations (Hillocks et al., 2006). In Rwanda, this food source provides up to 25% of the total calories and 45% of the total dietary protein; this level of contribution of common bean to the population's diet is considered to be the highest in the world (Pachico, 1993). Pythium species are spread worldwide (Paul, 2004). Over the last 20 years, there has been an increase in the importance of Pythium bean root rots in several countries of Eastern and Central Africa, such as Burundi, the Democratic Republic of Congo, Kenya and Uganda (Otsyula et al., 2003). For example, in Western Kenya and in Rwanda, many farmers stopped growing beans between 1991 and 1993 due to a severe outbreak of root rots, which caused serious food shortages and price increases beyond the reach of many resource-poor households (Nekesa et al., 1998). In tropical regions, common bean is characterized by low and unstable grain yields due to various ecological and agronomic parameters. Among these parameters, bean root rot and a decline in soil fertility have been cited as being among the major causes leading to bean yield losses (Miklas et al., 2006). In Rwanda, Western Kenya and South Western Uganda, Pythium spp. are the fungal pathogens most frequently associated with severe root rot epidemics (Rusuku et al., 1997). Yield losses of up to 70% in commercial bean cultivars have been reported in Rwanda and Kenya (Otsyula et al., 2003). In other studies carried out in these countries the following species have been isolated from bean samples affected by root rot symptoms. In view of understanding the biology of root rot diseases, a study was conducted in Kenya, Rwanda and Uganda (Mukalazi, 2004) to identify the causal agents. In these countries the following species were isolated from bean samples affected by root rot symptoms: Pythium nodosum Bhatn, Pythium echinulatum Matthews, Pythium pachycaule Shtayeh, Pythium oligandrum Drechsler, Pythium acanthicum Drechsler, Pythium chamaehyphon Sideris, Pythium folliculosum Paul, Pythium indigoferae Butler, Pythium irregulare Buisman, Pythium lutarium Shtayeh, Pythium macrosporum Vaartaja, Pythium myriotylum Drechsler, Pythium paroecandrum Drechsler, Pythium torulosum Coker, Pythium vexans de Bary, Pythium zingiberis Takah, Pythium graminicola Subraman, Pythium spinosum Sawada, Pythium ultimum Trow, Pythium arrhenomanes Drechsler, Pythium catenulatum Pythium diclinum Matthews, Tokun, Pythium dissotocum Drechsler, Pythium rostratum Butler, Pythium salpingophorum Drechsler and Pythium deliense Meurs (Nzungize et al., 2011; Buruchara et al., 2007). Root rot diseases are widespread in the world and are often considered as a major constraint to bean production, reducing both yield and quality (Abawi et al., 2000). Depending on the pathogen(s) involved in the development of the disease, general root rot symptoms might include any combination of various traits such as poor seedling establishment, damping-off, uneven growth, leaf chlorosis, premature defoliation, death of severely infected plants, and lower yield (Abawi et al., 2006; Schwartz et al., 2007). Pythium is a complex genus containing over 200 described species with a broad host range and occupying a variety of terrestrial and aquatic ecological habitats (Dick, 2001). The presence of the pathogens responsible for producing root rot and the severity of the disease are associated with intensification of land use, inappropriate crop rotations and/or reduced fallow periods, leading to a decline in soil fertility and a build-up of soil pathogen inoculum (Abawi et al., 2006).

In a study conducted in South Western Uganda, seven *Pythium* species from various crops associated with beans were obtained: *Pythium macrosporum*, *Pythium oligandrum*, *Pythium spinosum* Sawada isolated from sorghum, *Pythium glomeratum* B. Paul isolated from potato, *Pythium arrhenomanes* isolated from maize, *P. ultimum* isolated from peas and *Pythium heterothallicum* W.A. Campb. & F.F. Hendrix isolated from sweet potato (Gichuru, 2008). In cases where these various *Pythium* species are identified on plant species intercropped with beans, it is likely that controlling bean *Pythium* root rot with crop rotation practices will be of limited efficiency. In the present study, an investigation was undertaken into the various biological characteristics of the *Pythium* agents present in Rwanda. The aim was to attain a better understanding of the conditions leading to disease development and to establish appropriate control methods to reduce the yield losses caused by *Pythium* root rot.

2. TAXONOMY AND BIOLOGICAL CHARACTERISTICS OF *PYTHIUM* SPP.

The genus *Pythium* belongs to the family Pythiaceae, order Pythiales, class Oomycetes, Phylum Oomycota and kingdom Chromista (Kirk et al., 2008).

Pythium species are fungal microorganisms with a filamentous vegetative body called a mycelium. The mycelium of Pythium species is colorless, sometimes lustrous, and occasionally slightly yellowish or a gravish lilac (Owen-Going et al., 2008). The mycelia in Pythium species branch out apically at right angles to form structures known as hyphae. These hyphae are hyaline, with the main hyphae being mostly 5-7 μ m wide, occasionally reaching a width of up to $10 \,\mu m$. Cross septa are lacking except in old, mostly empty hyphae or where the cross septa delimit the hyphae's reproductive organs (Van der Plaats-Niterink, 1981). Protoplasmatic streaming is often clearly visible in young hyphae. According to Postma et al. (2009), hyphal walls are composed of 80-90% polysaccharides, mainly B1-6 linked glucans and B1-3 and B1-4 (cellulose). It should be noted that Pythium spp. do not contain chitin or chitosan in the hyphal walls, but that they do contain protein and lipid at levels varying from 3-8% and from 1-3%, respectively (Postma et al., 2009). Pathogenic Pythium spp. may produce hyphae with swollen digitate regions, called appressoria, which enable the fungus to attach and penetrate the host cells (Lévesque et al., 2004).

Pythium spp. can reproduce both asexually and sexually. Asexual reproduction takes place through the zoosporangia and zoospores. In Pythium the zoospores are not formed in the sporangium itself but in a vesicle outside it (Stanghellini et al., 1971). The sporangium is separated from the rest of the mycelium by a cross wall. The development of a tube can be observed on the sporangium. The undifferentiated content of the sporangium moves through this tube and forms a vesicle at its end. At this level of development, the zoospores are delimited and start moving (Stanghellini et al., 1971). After 10 to 20 minutes, the wall of the vesicle disappears and the zoospores swim away in divergent directions. Zoospores are only liberated under wet conditions. Production of sporangia or hyphal swellings can be stimulated by Mg, K, and

Ca ions (Postma et al., 2009). Exudates of roots and germinating seeds have a stimulatory effect on the germination of sporangia and on mycelial growth (Stanghellini et al., 1971). Sexual reproduction in Pythium spp. takes place through the oogonia and antheridia. The female organs, the oogonia, are spherical to limoniform and are intercalary or terminal. The oogonial wall can be smooth or ornamented with projections. The antheridia, the male organs, consist of an antheridial cell, which can be sessile on a hypha, intercalary, or formed terminally on an antheridial stalk (Postma et al., 2009). During sexual reproduction, the antheridial cell touches the oogonium and forms a fertilization tube, which penetrates the oogonium. (Van der Plaats-Niterink, 1981). The antheridia are termed monoclinous if they originate from the oogonial stalk and diclinous if they originate from a different hypha not closely connected with the one subtending the oogonium (Hendrix et al., 1969). After fertilization, the oogonial content forms a zygote, which evolves into an oospore. Only in rare cases is more than one oospore produced inside an oogonium. The oospore wall is smooth, except in Pythium dictyosporum where oospores are reticulate (Van der Plaats-Niterink, 1981). Some stimulatory effects of Ca, Mg, K, Zn and Mn ions on growth and reproduction by oospores have been identified (Hsu et al., 1972). Sterols (chlolestorol, B-sitosterol, etc.) represent important factors in the sexual propagation process. Sterols stimulate growth and reproduction by oospores and allow the survival of these structures at high temperatures. Such temperatures make the cell membranes of the oospores less permeable to antifungal constituents (Pystina, 1974). After maturation of the oospore, a dormant phase is usually necessary, before germination takes place. At germination, the oospore is converted into a thin-walled structure, which produces a germ tube (Lumsden et al., 1987). Oospore germination consists of two stages: first, the absorption of the endospore, depending on an exogenous calcium supply (Lévesque et al., 2004), and secondly germ tube formation, which depends on the presence of exogenous carbohydrate sources (Stanghellini et al., 1973).

3. MORPHOLOGICAL CHARACTERISTICS USED TO IDENTIFY THE *PYTHIUM* **GENUS**

In the past, the morphological characteristics and size of each of the structures of *Pythium* have been used as the criteria to identify species within this genus. The most important of these criteria include:

- the presence of sexual reproductive structures (homothallic or heterothallic);
- the type of sporangial morphology (spherical, filamentous or lobulated);

- the character of the oogonial wall (smooth or ornamental);
- the character of the oospore (plerotic or aplerotic);
- the characteristics of the antheridia (Matsumoto et al., 1999).

The major morphological criteria for *Pythium* species identification are based on qualitative characteristics that may vary depending on the culture conditions and the isolate tested (Dick, 2001). Differences in the value attributed to each characteristic have resulted in a confusing taxonomic system for the *Pythium* species (Uzuhashi et al., 2010). As a consequence, a more relevant approach to identifying *Pythium* species would be to combine traditional morphological characterization with molecular analyses (Kageyama et al., 2005).

4. MOLECULAR CHARACTERIZATION AND THE PHYLOGENY OF *PYTHIUM* GENUS

The ITS (Internal Transcribed Spacer) region of the rDNA has become a useful tool in fungal taxonomy and can be used to identify or detect different Pythium species (Matsumoto et al., 1999; Belbahri et al., 2008). In a study conducted on 116 Pythium species by Lévesque et al. (2004), the ITS region containing the 5.8S gene was shown to have a size varying between 750 and 1,050 bp. The results from Lévesque et al. (2004) but also from Kageyama et al. (2005) revealed that sequences of the rDNA- ITS region were very different between Pythium species. Thus, sequence data of this region have been frequently used to identify and classify Pythium species (Matsumoto et al., 1999; Vasseur et al., 2005). Molecular data have also been used for phylogenetic analyses of Pythium and related genera based on the rDNA large subunit (LSU) D1/D2 on the ITS region, and on either the b-tubulin gene, or the mitochondrial cytochrome oxidase II (coxII) gene (Belbahri et al., 2008). The phylogeny of Pythium, as based on ITS sequences, reveals a divergence between Pythium species. Pythium aphanidermatum Edson and P. deliense represent one of the best demonstrations of speciation between two very closely related species. The spacers differ by only 3% and yet the species exhibit differences in several morphological characteristics, which are slightly but consistently different between the two species (Herrero et al., 1998). Pythium attrantheridium has been described on isolates from cavity spot lesions on carrots as well as on apple and cherry seedlings from various widely distributed locations in Canada and the USA (Allain-Boulé et al., 2004). In their study, Allain-Boulé et al. (2004) showed that *P. attrantheridium* presented only 5% ITS divergence in comparison with Pythium intermedium, but that this species was morphologically distinct and could not be mated with P. intermedium. The ITS region of the nuclear ribosomal DNA of Pythium longisporangium is comprised of 890 bases and a BLAST search reveals the closest resemblance of this oomycete with the following species: Pythium bifurcatum (AY083935), Pythium longandrum (AY039713), Pythium terrestris (AY039714) and Pythium hypogynum (AY455804), with the following respective similarity percentages: 99.6, 96.2, 84.6 and 84.6. Other species are also relatively close to P. longisporangium, on the basis of a morphological trait (hypogynous type of antheridia) and also of some resemblances between their ITS sequences: Pythium segnitium (AY149173) with 74.8% similarity, Pythium canariense (AY06561) with 60.7% similarity and P. rostratum (AJ233456) with only 57.6% similarity with P. longisporangium ITS sequence (Paul et al., 2005).

5. ECOLOGY OF PYTHIUM SPP.

Pythium species can be found in various ecological areas such as soils in arable land, pastures, forests, nurseries, and marshes, and in water (Van der Plaats-Niterink, 1981). In general, soil temperature can affect spore germination, germ tube growth and zoospore discharge (Tedla et al., 1992). However, each *Pythium* species has its specific optimal development conditions. For example, *P. ultimum* and *P. dissotocum* inhabit cool (10-15 °C) and wet soil as saprophytes on crop residues. Other *Pythium* root rots, such as those caused by *P. aphanidermatum*, *P. irregulare*, *Pythium* sylvaticum Campbell and *P. myriotylum* occur in warm (25-36 °C) and wet soil (Owen-Going et al., 2008).

Pythium species have been recovered in soils with a pH ranging from 3.6 to 7.2 (Martin et al., 1999). However, in the same study, Pythium spp. populations were found to be higher in soils with a pH ranging from 6.8 to 7.2 and lower in soils with a pH ranging from 3.6 to 5.5 (Martin et al., 1999). The pH of soil influences some phases of the Pythium species life cycle, such as the formation of oospores and sporangia. Alkaline soils (above a pH of 7) favor the growth of Pythium species (Lumsden et al., 1987). Pythium species are more abundant in cultivated than in uncultivated soils: cultivation and incorporation of plant residues into the soil tend to create favorable conditions for the faster decomposition of organic matter, and thus of the availability of fungal food in that environment (Hendrix et al., 1971). However, some Pythium species are mycoparasites. For example, P. oligandrum is nonpathogenic on 12 species of crops from six families, including sugar beet, cucumber, wheat, peas, nephrolepis and common beans (Dušková, 1995; Wulff et al., 1998). *Pythium oligandrum* does not attack the tissues of these crops but occurs on the root surface, predominantly in the regions of the hypocotyl (taproot), together with plant pathogenic fungi. *Pythium oligandrum* utilizes the root exudates and fungus hyphae on the root surface, including those of the plant pathogens, for its own nutrition (Brožová, 2002).

6. *PYTHIUM* ROOT ROT CONTROL METHODS

6.1. Chemical control of *Pythium* spp.

Once introduced into the soil, Pythium spp. may persist for many years through resistance structures such as oospores, zoospores and sporangia (Onokpise et al., 1999). In these conditions, applying chemical treatments to kill the pathogen may be an efficient method. There are many specific pesticides such as benomyl, captafol, captan, carboxin, metalaxyl, propamocarb hydrochloride and etridiazole, which have already proven to be efficient in controlling Pythium root rot diseases on beans. However, some pesticides, such as benomyl, are only active on growing mycelium, but not during the resting stage of the mycelium. In the same context, soil fumigants such as methyl bromide, chloropicrin and Vorlex are highly effective biocides that kill Pythium agents (Abawi et al., 2006). In Latin America and Africa, one of the safest and most economical uses of chemicals to control Pythium pathogens consists of coating the seeds of crops. This usually results in effective protection of seeds and young seedlings for about 2 to 3 weeks after sowing (Abawi et al., 2006; Schwartz et al., 2007). However, given the conditions prevailing in diverse developing countries such as those in Eastern and Central Africa, poor farmers cannot easily afford to apply a chemical control. Moreover, the large scale use of chemical treatment could constitute a source of soil and water contamination, while at the same time exposing poorly educated farmers to health risks related to handling chemical pesticides. Therefore, the one use of chemical control that could be applied in the context of developing countries -i.e. chemically coating the seeds of crops in order to protect them against Pythium pathogens - cannot be considered as sustainable in bean production by poor farmers in most of those countries.

6.2. Biological control of Pythium spp.

Biological control of soil-borne diseases is particularly complex because the pathogens occur in a dynamic environment at the rhizosphere interface. The rhizosphere is typified by intense microbial activity involving firstly, a high population of microorganisms, and secondly, a rapid change in pH, in salt concentrations, and in osmotic and water potential (Handelsman et al., 1996). Microorganisms indigenous to the rhizosphere are ideal for biological control, since the rhizosphere provides a first-line defense for roots against attacks by plant pathogens (Weller, 1988). Microorganisms can protect the plant from fungal attacks through the production of antifungal metabolites, competition with the pathogen for nutrients, niche exclusion, parasitism or lysis of the pathogen, or through induction of plant resistance mechanisms (Whipps, 2001). Beneficial microorganisms of interest for biological control of plant pathogenic Pythium spp. have been identified among fungi and bacteria. Isolates of Trichoderma spp. and Gliocladium spp. are antagonists of Pythiuminduced soil-borne diseases and several strains are already commercially available for the biological control of Pythium root rots (Howell et al., 1993; Fravel, 2005). Various actinomycete species including Streptomyces, Actinoplanes, and Micromonospora have considerable potential to inhibit Pythium coloratum cavity-spot on carrots (El-Tarabily et al., 1997). Other bacteria effective against Pythium are found in various genera including Enterobacter, Erwinia, Bacillus, Burkholderia, Stenotrophomonas, and Rhizobium but the most extensively studied group of bacterial biological control agents are Pseudomonas spp. (Chin-A-Woeng et al., 2003; Bardin et al., 2004). Competition for organic carbon and iron is one of the mechanisms through which some biocontrol agents suppress Pythium spp. (Hoitink et al., 1999). Sensitivity of Pythium spp. to competition and antagonism during its saprophytic phase of growth is one of the key factors in managing Pythium diseases through biological control (Martin et al., 1999). In contrast to this view, it is commonly known that *Pythium* spp. propagules germinate rapidly in response to seed or root exudates and quickly infect seeds or roots, and this complicates the application of biological control (Whipps et al., 1991). It is, therefore, of great importance that the activity of the biological control agent coincides with the period of host susceptibility and it should persist as long as the plant remains susceptible. Insufficient survival of the antagonists may lead to inadequate or partial control of the pathogen. From a field experiment conducted in Western Kenya, it was concluded that one approach to addressing this limitation is the introduction of a food base, such as compost, which supports the activity of antagonists but does not stimulate the activity of the pathogen (Otsyula et al., 1998; Hoitink et al., 1999). However, the compost must be free of Pythium root rot pathogens in order to increase the chance of effectively controlling Pythium root rot diseases (Martin et al., 1985).

6.3. Control through genetic resistance

The use of resistant common bean cultivars is the most efficient management strategy against root rot diseases. This approach is especially appropriate for small farmers with low inputs. However, the strategy requires the development of adapted common bean cultivars with resistance to all the major root rot pathogens that prevail in a given bean growing region (Abawi et al., 2006).

Plant resistance to diseases is defined as the ability of the host plant to hinder the growth and/ or development of the pathogen (Parlevliet, 1979). Van der Plank (1963) classified plant resistance into two main categories: vertical and horizontal. Vertical resistance is race-specific and is characterized by specific interactions between the plant genotypes (or varieties) and the pathogen races (or strains). On the other hand, horizontal resistance is race-non-specific and is characterized by the absence of any specific interaction between host and pathogen genotypes (Robinson, 1987). The studies of Otsyula et al. (1998) and of Buruchara et al. (2001) aimed to identify resistance to P. ultimum root rot within Phaseolus vulgaris, through the evaluation of artificial inoculation under screenhouse conditions. In those studies, an isolate from P. ultimum was chosen for the artificial inoculation, due to its wide distribution and severity in East and Central Africa, as reported by Mukalazi (2004). The tested common bean materials belonged to the two major genepools of the food legume, *i.e.* the Mesoamerican and Andean genepool (as identified by Singh et al., 1991). The severity of lesions on the roots of the bean plants was scored using the CIAT 1-9 scale (as devised by Van Schoonhoven et al., 1987).

Following the work of Otsyula et al. (1998) and Buruchara et al. (2001), susceptible common bean varieties from Africa are now characterized by different seed sizes, such as the Kenyan varieties GLP 2 and GLP 585 with respectively large seeds (Andean genepool) and small seeds (Mesoamerican genepool), the Ugandan variety CAL 96 (Calima) with large seeds (Andean genepool) and the Rwandan variety Urugezi with an intermediate seed size (Mesoamerican genepool). All the resistant common bean varieties are advanced lines from an international breeding nursery run by CIAT (Cali, Colombia) and these varieties are also characterized by different seed sizes, such as the small-seeded variety RWR 719 from the Mesoamerican genepool, the intermediate-seeded varieties MLB 49-89A and SCAM 80-CM/15, both from the Mesoamerican genepool, and the large-seeded varieties AND 1055 and AND 1062, both from the Andean genepool (Otsyula et al., 2003). Identification of the genepool origin of the evaluated common bean genotypes has been helpful in predicting combining ability and in the setting up of crossing programs likely to produce a wide segregation and ecological adaptation in common bean (Singh et al., 1991; Díaz et al., 2006). Due to its worldwide distribution, the Mesoamerican genepool is the most widely grown, with smaller seeds than those from the Andean genepool (Singh et al., 1991; Beebe et al., 2000). Cultivars of the Mesoamerican genepool are adapted to a range of hot, humid to moderate climates in the tropics and subtropics but these cultivars are also grown in cold high latitude climates in the United States and Argentina. As Mesoamerican genotypes are predominant in Rwanda, any breeding program needs to take into consideration the reality of climate suitability before choosing common bean varieties to be crossed (Buruchara et al., 2001; Díaz et al., 2006). In their experiments at the CIAT-Kawanda research station in Uganda, Otsyula et al. (2003) made crosses between susceptible varieties (GLP 2, GLP 585, CAL 96 and Urugezi) used as female parents and resistant varieties (RWR 719, MLB 49-89A, SCAM 80-CM/15, AND 1055 and AND 1062). The F1 hybrids were then backcrossed with the recurrent susceptible parents. Results showed that resistance to P. ultimum was expressed in all the F1 plants using the resistant genotypes as male parents. This shows that resistance to P. ultimum is inherited as a dominant characteristic by common bean (Otsyula et al., 2003; Mahuku et al., 2007). In order to determine the number of genes necessary for Pythium root rot resistance, the segregation of F2 and backcross plants was then analyzed. Chi square values revealed that goodness of fit was obtained for segregation ratios of 3:1 (resistant: susceptible) in the F2 plants, 1:1 when the F1 plants were backcrossed to GLP 2, GLP 585, CAL 96 and Urugezi, and 1:0 when the F1 plants were backcrossed to RWR 719, SCAM 80-CM/15, MLB 4889A, AND 1055 and AND 1062 (resistant varieties). From these results, it can be assumed that resistance to P. ultimum is controlled by one dominant gene, whatever the genepool origin and the parental genotypes used in the combinations (Buruchara et al., 2001; Otsyula et al., 2003). Molecular assisted selection could be applied in order to speed up the selection process in a breeding program. A SCAR marker named PYAA 19800 has been characterized as being associated with the Pythium root rot resistance gene in RWR 719 and AND 1062 and has been successfully used in selection for resistance to common bean Pythium ultimum root rot (Mahuku et al., 2007). This means that in a backcrossing program, all individuals devoid of the SCAR marker can be identified early and eliminated during the breeding process. Additional sources of resistance among the bean genepools need to be investigated with the aim of detecting new genes with resistance to different Pythium species and of developing varieties of bean adapted to the various

agro-ecological zones (Buruchara et al., 2001). This process would contribute to the sustainability of the varieties of bean that have been released and would thus ensure control of the disease for a longer period in common bean production systems (Otsyula et al., 2003).

6.4. Control by cultural practices

Certain cultural practices have been observed to reduce the severity and incidence of root rot diseases. In their experiments, Rosado et al. (1985) found that the incidence of *Fusarium* spp., *Pythium* spp. and *Rhizoctonia solani* reduced when maize was included in rotation with beans.

Deep plowing and the use of raised ridges to grow beans has been found to reduce root rots favored by high moisture, such as *Rhizoctonia* root rot, southern blight, *Fusarium* root rot and *Pythium* root rot (CIAT, 1992). This is because ridging and deep tillage increase aeration and drainage, creating less favorable conditions for disease development. The application of organic soil amendments is also known to reduce root rot diseases (Voland et al., 1994). It has been shown that incorporating *Leucaena* spp. leaves and twigs of *Calliandra magrantha* and *Sesbania* as green manure two weeks before planting reduces plant mortality and increases bean grain yield (Buruchara, 1991; Buruchara et al., 1993).

It appears therefore that the approach most likely to be effective in the management of root rots of beans is one of integrated control. In Africa, the integration of organic amendments, raised beds and resistant varieties of beans has been shown to be advantageous over the use of single components in controlling the severity of root rots and crop yield (Buruchara et al., 1993; CIAT, 1993).

7. CONCLUSION

Root rot diseases are widespread and are considered as a major constraint to common bean production, as they reduce significantly the bean yield worldwide. Various disease control options are available, including different methods such as chemical control, biological control, genetic resistance methods and cropping practices. However, there is a crucial issue of the availability to users of resistant seed varieties, and this needs to be addressed in order that the majority of farmers may be reached. In these conditions, the use of improved bean varieties with disease resistance represents one of the most practical, economical, and easily adopted disease management strategies for the majority of bean producers in developing countries, within a context of small land area and limited economic resources (Beebe et al., 1991; Otsyula et al., 1998). As previous studies have revealed that resistance to Pythium root rot is controlled by a single dominant gene (Otsyula et al., 2003; Mahuku et al., 2007), the varieties of bean that have been released and are deficient in resistance to Pythium root rot disease, can be improved by a backcrossing program. In order to speed up such a breeding program, the use of molecular markers associated with resistance to Pythium root rot is helpful in carrying out a rapid screening of large progeny populations. However, the fact that resistance to Pythium root rot is under the control of a single gene constitutes a risk factor that can lead to resistance breakdown. This risk is amplified by the fact that there is a high diversity in the pathogen populations. Thus, in order to improve the sustainability of this resistancebased control method, it is essential to use diversified sources of resistance and to integrate other control methods, mainly appropriate cropping practices. This will reduce the risk and encourage the rapid build-up of Pythium inoculums. For example, ridging and deep tillage increase aeration and drainage, creating less favorable conditions for disease development (Beebe et al., 1991; CIAT, 1992; Voland et al., 1994; Abawi et al., 2000).

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